# **TRANSPORTATION**

- JAUNT: 296-3184. Regional transportation.
- City of Promise: 288-5153. Free Lyft rides for residents of Hardy Dr, 10<sup>th</sup> & Page, and Starr Hill

## **DISCRIMINATION SERVICES**

- Legal Aid Justice Center: 977-0553; 1000 Preston Ave #A. Legal consultation for housing and job discrimination, civil rights, immigration. Offices closed, call for assistance.
- Central Virginia Legal Aid Society: 296-8851; 1010
   Preston Ave. Legal consultation for evictions, foreclosures, sexual/domestic violence. Not taking walkins, call or go online for services.
- Office of Human Rights: 218-0756; 106 5<sup>th</sup> St NE.
   Advocacy, mediation, and investigation of discrimination in housing, employment, and benefits.
   Office closed, call for assistance. Cville residents only.

# OTHER EMERGENCY SUPPORT

- The Haven: 973-1234, 112 W Market. Day shelter; housing navigation, laundry, showers, etc. Now: guests limited to those actively experiencing homelessness.
- Home to Hope: 970-3933, 201 E Market St. For Cville residents recently released to society; resource navigation for food, housing, hygiene, transportation, employment, other.
- AIM: 972-1704. Mon-Thurs 9-4. Local utility and housing aid. Call Salvation Army for electricity & heat, otherwise apply online.
- Love INC: 977-7777. Emergency financial support and material aid. Offices closed, call for assistance.
- **Crozet Baptist Church**: 973-4281. To be connected to local resources in Crozet.
- JABA Senior Helpline: 817-5253. Direct service to older adults and caregivers. Medicare / ACA counseling (all ages), advice on aging concerns, local resource referrals.
- Community Emergency Response Fund: Closed: No longer accepting applications.

## **NEED MORE INFO?**

Point a phone camera at this QR code here to open a webpage with up-to-date information on the resources listed here, or go to: https://tinyurl.com/covidresource guidecville



#### VIRGINIA DEPT SOCIAL SERVICES

Apply for Medicaid, SNAP (supplemental nutrition assistance program), TANF (temporary assistance for needy families), and other benefits. Go online (commonhelp.virginia.gov/) or call:

- 1-855-635-4370 to apply for benefits
- 1-855-242-8282 to apply for Medicaid

For other needs, call 970-3400 (Charlottesville) or 972-4010 (Albemarle). Offices are closed to the public.

# LITERACY / GED

- Thomas Jefferson Adult Career Education (TJACE): 961-5461. GED prep, family literacy, career readiness training. All programming online, call & leave message to get info.
- Literacy Volunteers of America: 977-3838; 233 4<sup>th</sup> St NW (Jefferson School). Tutoring in reading, writing, English as 2<sup>nd</sup> language. Starting 6/15: meet with staff, check out library materials, use computer. Additional resources online (literacyforall.org)

## **VETERANS SUPPORT SERVICES**

- VA Medical Center: 293-3890; 590 Peter Jefferson Pkwy #250. All services & hours unchanged.
- Supportive Services for Veteran Families: 804-788-6825.
   Rapid rehousing and supportive services. Offices closed, call for services.
- Virginia Department of Veterans Services: 804-691-4905; 1430 Rolkin Ct, Ste 202. Screening for veterans benefits, counseling, mental health, housing. Offices closed, call for services.

#### EMPLOYMENT SERVICES

- Virginia Employment Commission: 1-866-832-2363. Call or go online (www.vec.virginia.gov/unemployed/onlineservices) to file for unemployment.
- Goodwill Industries of the Valley: 1-540-581-0620. Free virtual job training & career coaching. Register online.
- Downtown Job Center: 970-3933, 201 E Market St (in library). Reopens 6/15.
- Network2Work not accepting new clients. Virginia Workforce Center is temporarily closed.

#### CLOTHING

- Salvation Army Thrift Store: 605 Cherry Ave. Open
- Eden Ministries: Free clothing & household items. See
   Section: Emergency Food for more info. Open.
- Twice is Nice Thrift Store: 923B Preston Plaza, open.
- THRIVE Women's Health: 220-3777, 1416 Greenbrier Pl. Maternity clothes. Call ahead.
- Currently closed: Green Olive Tree (Crozet), Belmont Baptist Clothing Closet, Church of Brethren

# COVID "STREET SHEET" – Resources in Cville & Albemarle

#### Version 4. Last updated: 6/15/20.

This is a list of local resources, updated to reflect current operation status during the COVID crisis. All phone numbers are area code 1-434 unless noted otherwise. For up-to-date info, use the QR code to check our webpage.

## **PUBLIC MEALS**

- The Haven; 112 W Market; walk-up
- · Salvation Army: 207 Ridge St; walk-up
- Keevil & Keevil Kitchen; 703 Hinton Ave; request via keevilkitchen@gmail.com or 989-9907

	Breakfast	Lunch	Dinner
The Haven	Mon-Sun 7am	Mon-Thurs 12pm-1pm	
Salvation	Mon-Sat 7am	Fri-Sat 12pm	Mon-Sat
Army	Sun 9am	Sun 1pm	5:30pm
Keevil &	Mon-Fri	Mon-Fri	
Keevil	8am	12pm	

## **EMERGENCY OVERNIGHT SHELTER**

- Salvation Army Emergency Shelter: 295-4058; 207
   Ridge St. Men, women, families, children; Call or walk-in 10am-10pm. Not accepting new guests.
- PACEM: 465-1391; 112 W Market St (office). Men's shelter closed. Women: call the Haven (973-1234) weekdays for eligibility.
- TJACH Non-congregate Shelter: Eligibility determined by CDC guidelines for high-risk individuals. Call the Haven (973-1234) weekdays for eligibility.
- Shelter for Help in Emergency (SHE): Hotline: 293-8509. Domestic violence shelter. Open to new guests, call hotline.
- ReadyKids Runaway Emergency Services: Hotline 972-7233. Still active.
- Families in Crisis: 296-3872. Out of funding for housing support; can call for resource navigation.

# **EMERGENCY FOOD**

- Emergency Food Network: 979-9180; 900 Harris St. 3-day supply, 1x/mo. Call 9am-12pm Mon or Fri to request, then pick-up 1:30pm-3:30pm.
- Loaves and Fishes: 996-7868; 2050 Lambs Road. 7-day supply, 2x/mo. Call ahead to request. Drive-through pick-up on Wed (2pm-4pm), Thurs (6:30pm-8:30pm), and Sat (10am-12pm).
- B.F. Yancey Community Center: 7625 Porters Rd, Esmont, VA. 4th Fri/mo, 5-7pm. Drive-up, no need to call ahead.
- The Catering Outfit Helps: Temporary food pantry for restaurant employees who are out of work. Mon & Thurs 11am-2pm, pick-up at Atrium (221 Carlton Rd, #8), Cville.

#### Church-based Food Pantries:

- Church of the Incarnation: 465-2671; 1465 Incarnation Dr. Sun 1:30-4pm. Do not need to pre-register.
- Holy Comforter Catholic Church: 208 E Jefferson St. Mon-Wed, 10am-12pm. Walk-up.
- Church of our Saviour Episcopal: 1165 Rio Rd E. Mon & Wed 12:30pm-2pm, Fri 10:30-12. Open.
- Ministerios Profeticos Palabra: 1-804-216-0399; 1827A Seminole Trail. Open.
- St. Paul's Episcopal Church: 851 Owensville Rd. 3rd Wed/mo. Must reside in Western Albemarle. Open; call 979-4490 to request.
- Thomas Jefferson Memorial Church: 717 Rugby Rd. 1st Fri/mo 9-11am (sign-in by 10am). Open, call 293-8179 to request.
- New Beginnings Christian Community: 1130 E Market St. Wed afternoon & Sat AM. Open; call 249-5691 to request.
- Bethany Seventh Day Adventist: 401 Harris Rd. 3<sup>rd</sup> Sat/mo, 1-2:30pm. Text/call 904-553-5167 to request week before; delivery (Cville only) or drive-through.
- Eden Ministries: 2999 Merrie Meadows Ln, Keswick. 1st Sat/mo 9a-noon. Call 973-4068 to schedule other times.

#### **Food Delivery Services:**

- Social Distance Delivery: Free grocery delivery. Request at social distance delivery.org
- JABA Home Delivered Meals: 817-5253. For low-income folks > 60y unable to prepare meals. Call to determine eligibility.
- Meals on Wheels: 293-4364. Hot lunch deliveries to homebound individuals in Cville + most of Albemarle. Call or apply online.

#### Kids:

 Albemarle County & Cville City provide breakfast & lunch to any child under 18y old. Through June 30<sup>th</sup> (Albemarle) or the summer (Cville). See websites for pick-up schedule & locations.

## MENTAL HEALTH SUPPORT

- Region 10: Mental health, intellectual disability and substance use services. Most services available online, call to get connected. Crisis lines: 972-1800 / 1-866-694-1605.
   Telehealth intake appointments: 972-1829.
- On Our Own: 979-2440; 123 4<sup>th</sup> St NW. Peer-driven mental health and addiction recovery programming. Building closed, hosting virtual support meetings.
- Teen Crisis Hotline: 972-7233. Support services for youth, ages 12-18. Office closed, hotline still operating, call hotline to set up online counseling.
- Women's Initiative: 872-0047. Counseling and support services for women/transgender women. Free call-in clinic available, see website for hours.
- Mental Health Association Virginia Warm Line: 866-400-6428. Peer-run support line for individuals or concerned others who would like someone to talk to
- **Grief Share**: 800-395-5755. Online support group for coping with loss. See website for schedule or call.
- ReadyKids: 296-4118. Counseling for teens and families, other mental health resources online.
- Partner for Mental Health: 977-4673. Effectively closed.

# SUBSTANCE USE SUPPORT

- Addiction Allies: 260-3042. Suboxone clinic / medication assisted treatment, online counseling (substance use & mental health). Accepts Medicaid. No referral needed, call or contact online.
- Addiction Recovery Systems Pantops: 220-0080. 103 S. Pantops Dr. Methadone & Suboxone treatment center, online counseling. Accepts Medicaid & Medicare. No referral needed. Call for initial screening.
- Region 10: See section, Mental Health Support
- Online addiction peer support meetings, schedules on websites: SMART Recovery, Alcoholics Anonymous (293-6565), Narcotics Anonymous (800-777-1515; in-person info at https://piedmontvana.org), Al-Anon (cvillealanon@gmail.com, 972-7011 hotline), Al-Ateen (senglot12@gmail.com, 972-7011 hotline), In the Room

# **SEXUAL ASSAULT ADVOCACY**

- Shelter for Help in Emergency (SHE): See section, Emergency Overnight Shelter
- Sexual Assault Resource Agency (SARA): Office: 295-7273; hotline: 977-7273. 335 Greenbrier Dr. Resources for sexual assault survivors and bystanders. No walk-ins; video counseling & hotline still active.

## **WOMEN'S & FAMILY HEALTH**

- Charlottesville Health Center Planned Parenthood: 296-1000; 2964 Hydraulic Rd. Abortion services, birth control, HIV testing, emergency contraception, STD tests & treatment, pregnancy tests & services, & more. Open.
- Whole Woman's Health: 973-4888; 2321
   Commonwealth Dr. Abortion services, birth control,
   HIV testing, emergency contraception, STD tests &
   treatment, pregnancy tests & services, & more. Open.
- Blue Ridge Abortion Fund: 963-0669. Funding for pregnant individuals with financial barriers to and in need of abortions. Still accepting calls & giving funding.
- Donor Diapers: 214-0345; Garrett Community Center (418 E Garrett St SE). Monthly diaper & wipe giveaways. See website for schedule.

# PHYSICAL HEALTH

- UVA Community Call Line: 98-COVID, Option 3; M-F 8am-5pm. New call center, connects individuals without a regular doctor to a UVA doctor to discuss non-emergency medical needs (e.g. new symptoms, chronic disease management, medication refill).
- Thomas Jefferson Health Department: 972-6269; 1138 Rose Hill Dr. Only in-person services right now: pap smears, birth control. WIC (women, infants, and children nutrition program) still operational. No testing or vaccines currently. Appointment only (no walk-ins). COVID Info: 972-6261
- Charlottesville Free Clinic: 296-5525; 1138 Rose Hill
  Dr. Non-emergency medical care & pharmacy for lowincome households. Medical: Telehealth only, call for
  eligibility. Dental: emergency only, 1st come 1st serve.
- Central Virginia Health Services (Neighborhood Family Health): 227-5624; 901 Preston Ave, Suite 301. Comprehensive sliding-scale medical, dental, & behavioral health, & pharmacy. Still operating, schedule appointments online.
- Visionworks: 293-3225, Barracks Shopping Center.
   Free eye exams for patients with Medicaid. Open.
- MyEyeDr: 973-5361, 441 Westfield Rd. This location only: free eye exams with Premier, Aetna Better Health, and MARCH Vision Medicaid. Open.
- Cville Community Cares: 214-0454; Free prescription delivery. Inactive.